



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Stuart Bowman (50y) 

has completed a swim observed by IISA:

Date: 06-Dec-2023

Venue: Serpentine London

Distance: 1000 metres

Swim Time: 00:20:12.00

Water Temp: 4.70°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Nick Hungerford
Australia

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION