



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Jonathan Saunders (57y) 

has completed a swim observed by IISA:

Date: 16-Dec-2023

Venue: Manvers Lake

Distance: 718 metres

Swim Time: 00:00:11.45

Water Temp: 5.60°C

Wind Chill: 0.00°C

Altitude: 20 metres

Stroke: Crawl

Observer: **Jamie McHale**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION