



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Caroline Stel (61y) 

has completed a swim observed by IISA:

Date: 05-Feb-2023

Venue: Surfplas Reeuwijk (Green Heart Ice Swim)

Distance: 500 metres

Swim Time: 00:14:47.63

Water Temp: 5.70°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Breast

Observer: Arthur van Dijk
Netherlands

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION