



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Matthew Johnston (50y) 

has completed a swim observed by IISA:

Date: 16-Jan-2016

Venue: Parliament Hill Lido

Distance: 793 metres

Swim Time: 00:15:42.00

Water Temp: 3.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: **Kate Steels**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION