



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Elizabeth Almond (49y) 

has completed a swim observed by IISA:

Date: 01-Dec-2022

Venue: Ohio St. Beach, Chicago, IL

Distance: 1025 metres

Swim Time: 00:23:18.42

Water Temp: 3.00°C

Wind Chill: 2.56°C

Stroke: Crawl

Observer: Qing Li
United States

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION