



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sian Clement (45y) 

has completed a swim observed by IISA:

Date: 17-Nov-2022

Venue: Keepers Pond

Distance: 3136 metres

Swim Time: 01:03:53.00

Water Temp: 7.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Cath Pendleton
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION