



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Aoife McGuinness (45y) 

has completed a swim observed by IISA:

Date: 04-Jan-2020

Venue: Two Mile Gate, Killaloe, Co Clare

Distance: 1330 metres

Swim Time: 00:25:56.00

Water Temp: 5.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Brian Dillon
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION