



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Amanda Bowden (52y) 

has completed a swim observed by IISA:

Date: 30-Nov-2019

Venue: Hatfield Outdoor Activity Centre

Distance: 1250 metres

Swim Time: 00:28:34.00

Water Temp: 6.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Leon Fryer
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION