



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Helen Smith (51y) 

has completed a swim observed by IISA:

Date: 01-Jan-2019

Venue: Serpentine

Distance: 1800 metres

Swim Time: 00:42:00.00

Water Temp: 6.60°C

Wind Chill: 6.60°C

Stroke: Crawl

Observer: Nick Hungerford
Australia

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION