



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

stephanie lynes (55y) 

has completed a swim observed by IISA:

Date: 25-Nov-2018

Venue: Wild Water Armagh

Distance: 500 metres

Swim Time: 00:13:02.02

Water Temp: 5.20°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION