



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ralf van der Poel (31y) 

has successfully competed in
Dutch open ice swim championships

Zwembad De Waterdam in Volendam

30-Jan-2016

1000m Freestyle in 14:22:00 minutes

Overall 3rd / Age Group (30-34y) 1st

Category Men

Pool Course

Water 4.90°C, Wind Chill 0.00°C




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION