



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kerstin Thomas (45y)** 

has successfully competed in  
**Dutch open ice swim championships**

Zwembad De Waterdam in Volendam

30-Jan-2016

**1000m Freestyle in 16:33:00 minutes**

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Overall 1st / Age Group (45-49y) 1st


**WORLD RECORD - AGE GROUP**

Category Women

Pool Course

Water 4.90°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION