

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Adam Ciempka (38y)

has successfully competed in River Labe CZ Ice Swim 2015

> Hradec Kralove 19-Dec-2015

1000m Freestyle in 25:19:00 minutes

Overall 17th / Age Group (35-39y) 4th

Category Men

Open Water Course Water 4.70°C, Wind Chill 7.00°C



Ram Barkai IISA Chair Czech Republic Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION