



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Stuart Hinde (52y) 

has successfully competed in

International Ice Swimming Association Ireland 1K National
championships

Wild Water, Armagh

30-Jan-2016

1000m Freestyle in 19:35:00 minutes

Overall 18th / Age Group (50-54y) 4th
Category Men

Pool Course

Water 4.50°C, Wind Chill -8.00°C



Ram Barkai
IISA Chair

Ireland
Chair & Board

