



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Pearse Ryan (49y) 

has successfully competed in

International Ice Swimming Association Ireland 1K National
championships
Wild Water, Armagh

30-Jan-2016

1000m Freestyle in 18:27:00 minutes

Overall 14th / Age Group (50-54y) 3rd
Category Men

Pool Course

Water 4.50°C, Wind Chill -8.00°C



Ram Barkai
IISA Chair

Ireland
Chair & Board

