



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Michelle Brooker (29y)



has successfully competed in

International Ice Swimming Association Ireland 1K National championships Wild Water, Armagh 30-Jan-2016

1000m Freestyle in 17:16:00 minutes

Overall 4th / Age Group (30-34y) 1st **Category Women** 

**Pool Course** 

Water 4.50°C, Wind Chill -8.00°C



Ireland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION