



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Wendy Figures (50y)** 

has successfully competed in

International Ice Swimming Association Ireland 1K National  
championships

Wild Water, Armagh

30-Jan-2016

1000m Freestyle in 16:51:00 minutes

Overall 2nd / Age Group (50-54y) 1st


**WORLD RECORD - AGE GROUP**

Category Women

Pool Course

Water 4.50°C, Wind Chill -8.00°C



  
**Ram Barkai**  
IISA Chair

*Ireland*  
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION