



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Wendy Figures (50y) 🚟

has successfully competed in

International Ice Swimming Association Ireland 1K National championships Wild Water, Armagh

30-Jan-2016

1000m Freestyle in 16:51:00 minutes

Overall 2nd / Age Group (50-54y) 1st

Category Women

Pool Course Water 4.50°C, Wind Chill -8.00°C



Ram Barkai

Ireland Chair & Board



IISA Chair INTERNATIONAL ICE SWIMMING ASSOCIATION