



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Henri Kaarma (40y)



has successfully competed in

**IISA 1st World Championship** 

Lake Semenovskoye, Murmansk, Russian Federation 20-Mar-2015

1000m Freestyle in 14:14:00 minutes

Overall 3rd / Age Group (40-44y) 1st

WORLD CHAMPION - AGE GROUP

Category Men

**Pool Course** 

Water 0.08°C, Wind Chill -5.00°C



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION