



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Jason Alcock** (39y) 

has successfully competed in  
World Cup, Polish Championships IISA 1km

Katowice

21-Jan-2017

1000m Freestyle in 26:06:74 minutes

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Overall 15th / Age Group (40-44y) 5th

Category Men

Open Water Course

Water 1.50°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION