



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Marcin Trudnowski (45y) 

has successfully competed in
World Cup, Polish Championships IISA 1km

Katowice

21-Jan-2017

1000m Freestyle in 17:29:41 minutes

Overall 3rd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 1.50°C, Wind Chill 0.00°C




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION