



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Val Smith** (52y) 

has successfully competed in  
**IISA Great Britain IK Open.**

Andark Lake, Southampton, UK

20-Feb-2016

**1000m Freestyle in 23:42:00 minutes**

Overall 15th / Age Group (50-54y) 4th

Category Women

Open Water Course

Water 5.00°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION