



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**tina deeken** (45y) 

has successfully competed in  
**Hallstättersee Ice Swimming**

Obertraun

05-Mar-2022

**100m Breaststroke in 02:02.36 minutes**

Overall 3rd / Age Group (45-49y) 1st

**WORLD RECORD - AGE GROUP**

Category Women [Disabled]

Open Water Course

Water 4.50°C, Wind Chill -5.00°C, Altitude 0m



  
**Ram Barkai**  
IISA Chair

*Austria*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION