



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**tina deeken** (45y) 

has successfully competed in  
**Hallstättersee Ice Swimming**

Obertraun

05-Mar-2022

**200m Freestyle in 03:08.05 minutes**

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Overall 4th / Age Group (45-49y) 1st  
Category Women [Disabled]

Open Water Course

Water 4.50°C, Wind Chill -5.00°C, Altitude 0m



  
**Ram Barkai**  
IISA Chair

*Austria*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION