



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Aleksei Terestsenskov (59y) 

has successfully competed in
Kyrö Ice Swimming Challenge 3

Ollilantie 12, 21800 Pöytyä

02-Apr-2022

100m Breaststroke in 01:31.08 minutes

Overall 2nd / Age Group (55-59y) 1st


WORLD RECORD - AGE GROUP

Category Men

Open Water Course

Water -0.40°C, Wind Chill -9.00°C, Altitude 42m




Ram Barkai
IISA Chair

Finland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION