



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sue Allingham (57y) 🇩🇰

has successfully competed in
IISA Denmark World Cup team

Skovshoved Havn, 2920 Charlottenlund

08-Jan-2022

250m Freestyle in 04:10.61 minutes

Overall 2nd / Age Group (55-59y) 1st

WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 3.20°C, Wind Chill -2.90°C, Altitude 0m




Ram Barkai
IISA Chair

Denmark
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION