



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Samantha Farrow (28y) 

has successfully competed in
Invitational GB Elite Training

Hatfield, Doncaster

11-Dec-2021

500m Freestyle in 09:37.06 minutes

Overall 3rd / Age Group (25-29y) 2nd

Category Women

Open Water Course

Water 6.00°C, Wind Chill 8.00°C, Altitude 0m

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION