



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Saad Abid (40y)** 

has successfully competed in  
**Ice Swim In Morocco 5th Edition**

Aguelmam Azegza Lake -Khénifra

22-Jan-2022

**200m Freestyle in 06:45.22 minutes**

Overall 2nd / Age Group (40-44y) 1st

Category Men

Open Water Course

Water 5.80°C, Wind Chill 0.00°C, Altitude 1474m, 32.58° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Morocco*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION