



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sylvia Wanstall (65y) 

has successfully competed in
Lake Lyndon Camp

Lake Lyndon NZ

21-Jul-2021

500m Freestyle in 11:34.00 minutes

Overall 6th / Age Group (65-69y) 1st

Category Women

Open Water Course

Water 4.00°C, Wind Chill 1.60°C




Ram Barkai
IISA Chair

New Zealand
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION