



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Michelle White (48y) 

has successfully competed in

Antarctica 2020

Deception Island, Antarctica

25-Feb-2020

200m Freestyle in 00:05.00 minutes

Overall 4th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 1.60°C, Wind Chill 0.50°C, Altitude 0m, 62.90° S




Ram Barkai
IISA Chair

Antarctica
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION