



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Océane Frappa (21y)

has successfully competed in

#### French Championships

Lac des Bois aux Dames, Samoens (74) 28-Feb-2020

## 1000m Freestyle in 16:25.81 minutes

### Overall 4th / Age Group (18-24y) 3rd

#### Category Women

Open Water Course Water 4.70°C, Wind Chill 2.00°C



Ram Barkai

INTERNATIONAL ICE SWIMMING ASSOCIATION

France Chair & Board

