



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Thierry SACHE (46y)

has successfully competed in

French Championships

Lac des Bois aux Dames, Samoens (74) 28-Feb-2020

1000m Freestyle in 16:39.25 minutes

Overall 10th / Age Group (45-49y) 2nd

Category Men

Open Water Course Water 4.70°C, Wind Chill 2.00°C



Ram Barkai

IISA Chair

France Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION