



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Valérie Giros (41y) 

has successfully competed in
French Championships

Lac des Bois aux Dames, Samoens (74)

28-Feb-2020

1000m Freestyle in 17:41.48 minutes

Overall 6th / Age Group (40-44y) 1st

Category Women

Open Water Course

Water 4.70°C, Wind Chill 2.00°C




Ram Barkai
IISA Chair

France
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION