



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Frédéric HERVELIN** (49y) 

has successfully competed in  
**French Championships**

Lac des Bois aux Dames, Samoens (74)

28-Feb-2020

1000m Freestyle in 16:46.60 minutes

Overall 12th / Age Group (50-54y) 3rd

Category Men

Open Water Course

Water 4.70°C, Wind Chill 2.00°C



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION