



CERTIFICATE OF ACHIEVEMENT

This is to certify that

tina deeken (42y) 

has successfully competed in

Silbersee-Ice-Cup

Silbersee Langenhagen

07-Dec-2019

50m Freestyle in 00:48.07 minutes



Overall 4th / Age Group (40-44y) 2nd

Category Women [Disabled]

Open Water Course

Water 4.90°C, Wind Chill 5.20°C



Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION