



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Roel Janssen (17y)** 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**100m Freestyle in 01:28.69 minutes**

Overall 3rd / Age Group (8-17y) 2nd

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION