



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Fergil Hesterman (26y)** 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**500m Freestyle in 07:34.28 minutes**

---

Overall 2nd / Age Group (25-29y) 1st

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION