

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Fergil Hesterman (26y)



has successfully competed in

Silbersee-Ice-Cup

Silbersee Langenhagen 07-Dec-2019

500m Freestyle in 07:34.28 minutes

Overall 2nd / Age Group (25-29y) 1st Category Men

Open Water Course Water 4.90°C, Wind Chill 5.20°C, 52.43° N



Germany Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION