



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Stefan Runge (52y)** 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

08-Dec-2019

500m Freestyle in 07:35.34 minutes


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Overall 3rd / Age Group (50-54y) 1st  
Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C



  
Ram Barkai  
IISA Chair

*Germany*  
*Chair & Board*

