

CERTIFICATE OF ACHIEVEMENT

This is to certify that

tina deeken (42y)



has successfully competed in

Silbersee-Ice-Cup

Silbersee Langenhagen 07-Dec-2019

500m Freestyle in 10:20.25 minutes

Overall 6th / Age Group (40-44y) 2nd Category Women [Disabled]

> Open Water Course Water 4.90°C, Wind Chill 5.20°C



Germany Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION