



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Albert Stienezen (54y) 

has successfully competed in

Silbersee-Ice-Cup

Silbersee Langenhagen

07-Dec-2019

1000m Freestyle in 20:34.29 minutes

Overall 8th / Age Group (50-54y) 4th

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION