



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Thorsten Ullrich-Stegemann (53y)** 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**1000m Freestyle in 17:27.68 minutes**

Overall 4th / Age Group (50-54y) 3rd

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION