



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Grzegorz Matras (41y)** 

has successfully competed in

**IISA Polish Championships - Silesia Winter Swimming 2020**

Katowice, lake Szlomiok (Dolina Trzech Stawów)

22-Feb-2020

**100m Freestyle in 00:01.35 minutes**



**Overall 7th / Age Group (40-44y) 2nd**

**Category Men**

Open Water Course

Water 4.00°C, Wind Chill -4.00°C



**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION