



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Monika Wilk** (43y) 

has successfully competed in

**IISA Polish Championships - Silesia Winter Swimming 2020**

Katowice, lake Szlomiok (Dolina Trzech Stawów)

22-Feb-2020

**200m Freestyle in 03:44.00 minutes**

Overall 2nd / Age Group (40-44y) 2nd

Category Women

Open Water Course

Water 4.00°C, Wind Chill -4.00°C, 50.24° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

