



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Lucas Benitez (28y) 

has successfully competed in

IISA Polish Championships - Silesia Winter Swimming 2020

Katowice, lake Szlomiok (Dolina Trzech Stawów)

22-Feb-2020

500m Freestyle in 00:06.06 minutes

Overall 3rd / Age Group (25-29y) 1st

Category Men

Open Water Course

Water 4.00°C, Wind Chill -4.00°C




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION