



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Michał Stefaniak** (40y) 

has successfully competed in

**IISA Polish Championships - Silesia Winter Swimming 2020**

Katowice, lake Szlomiok (Dolina Trzech Stawów)

22-Feb-2020

**500m Freestyle in 00:07.56 minutes**

---

Overall 9th / Age Group (40-44y) 4th

Category Men

Open Water Course

Water 4.00°C, Wind Chill -4.00°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION