

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Simon Harmer (43y) 😹

has successfully competed in IISA GB CHAMPIONSHIPS

SANDFORD LIDO 22-Feb-2020

1000m Freestyle in 19:59.35 minutes

Overall 27th / Age Group (40-44y) 3rd

Category Men [Disabled]

Open Water Course Water 6.50°C, Wind Chill 0.00°C

N-ICE Swim (>5°C)



Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION

