



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Charalampos Theodosis (43y) 

has successfully competed in
IISA GB CHAMPIONSHIPS

SANDFORD LIDO

22-Feb-2020

1000m Freestyle in 17:44.59 minutes

Overall 17th / Age Group (40-44y) 2nd
Category Men

Open Water Course

Water 6.50°C, Wind Chill 0.00°C

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION