



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Deb Tyler (59y) 

has successfully competed in
Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam

18-Jan-2020

200m Freestyle in 04:50.76 minutes

Overall 5th / Age Group (60-64y) 2nd

Category Women

Open Water Course

Water 6.70°C, Wind Chill 5.00°C, 52.51° N

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Netherlands
Chair & Board

