



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Michael Smith (54y)

has successfully competed in

Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam 18-Jan-2020

500m Freestyle in 11:06.75 minutes

Overall 8th / Age Group (55-59y) 3rd

Category Men

Open Water Course Water 6.70°C, Wind Chill 5.00°C

N-ICE Swim (>5°C)



Ram Barkai IISA Chair Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION