



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Sander Komen (47y)** 

has successfully competed in

**Ice Swimming Volendam**

zwembad De Waterdam Edam/Volendam

18-Jan-2020

**Ice Mile in 30:14.47 minutes**

Overall 5th / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 6.70°C, Wind Chill 5.00°C

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION